## **Ultimate Cause?**

A couple of weeks ago my 6 year old daughter asked: Who were the first people on the earth? Her next question stop in my tracks as she asked who where their parents?

Likewise looking out at a full moon, we may become struck by the mystery and vastness of outer space, wondering where did it all come from.

Some scientists dedicated their whole life exploring the science of outer science. The Nobel Prize for Science 2017 was awarded to 3 scientists who created instruments that could detect a form of energy called Gravitational waves, a form of energy never detected before.

Gravitational waves travel at the speed of light. If you were traveling at the speed of light you could fly around the world 7 and a half times in one second. So if travelling the distance of this assembly hall was the same distance as flying around the world, the speed of light would travel 7 and half halls in one second. When Gravitational waves travel at these speeds they stretch space in one direction and shrink it in the direction that is at right angles. So that is like travelling through the hall, making the hall higher but yet at the same time making the hall narrower.

So what is the ultimate cause or source of the universe?

The wise say that Consciousness is the source of all.

For example, take a lump of iron and heat it until becomes red hot. At this stage the iron has become fire, and this fire is iron. The force of the fire working through the iron has changed it for a time. Take the force of fire away and it will turn back to its natural form of a cold black piece of earth.

Likewise consciousness or spirit brings everything to life, it brings wisdom, peace, happiness, thought, feelings, sensations and even physical objects.

We give it this consciousness a name – The Absolute as it is the ultimate cause or the Self as it is who we are

Why is this question important?

It is because when we discover who we are in truth that we discover completeness, peace happiness.

The challenge for this week is to ask yourself the question:

What is the ultimate source of the universe?