



EVOLVING EDUCATION

A series of workshops for children and the family



Yoga For The Family

"Promoting concentration and confidence through Yoga"

Nov 4th Saturday
10.30 - 12.30pm



Mindfulness Through Art

"A Christmas Art and Crafts workshop for children that develops the power of attention"

Dec 9th Saturday
10.30 - 12.30pm



Philosophy for Children

"Enjoy a morning of stories that promote curiosity, kindness and happiness"

Jan 27th Saturday
10.30 - 12.30pm

Booking: Each morning will involve two workshops and light refreshments

- 10.30 - 11.30am [Workshop for preschool and children aged 4 - 7 and parents]
- 11.30 - 12.30pm [Workshop for children aged 8 - 12 and parents]

For further information:

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phone: 01-6680828

Location

JOHN SCOTTUS SCHOOL

Old Conna House, Ferndale Road, Rathmichael, Co. Dublin

All events are free but prior booking at www.johnscottus.ie/family is necessary.