

## Acting with Love and Reason

On 8 November 1987 a [bomb](#) planted by the [Provisional IRA](#) exploded during Enniskillen's Remembrance Day parade, injuring Gordon Wilson and fatally injuring his daughter Marie, a nurse. The bomb was planted in a nearby building and timed to go off at 10:43 am, just before the ceremony was due to start. An emotional television interview Wilson gave to the [BBC](#) only hours after the bombing brought him to national and international prominence as he described his last conversation with his dying daughter as they both lay buried in rubble.

Wilson's response to the bombing, "I bear no ill will. I bear no grudge", was reported worldwide, becoming among the most-remembered quotations from the Troubles.

How could somebody, like Gordon Wilson, see beyond the atrocity of a daughter being murdered, and forgive those who are responsible?

In our lives, how can we see beyond the spiteful comments, the malicious looks, the mean behaviour and love the person responsible?

The ultimate case of this creation is love. From this love the world is created taking many different forms.

Love is like electricity. Electricity may be used in different ways, in bulbs, in kettles, in washing machines. However it is the one electricity but used in different ways.

To understand that the initial substance of this creation is love, one needs reason.

We use reason to find the cause of things; we use reason to discover that all things are related to love, which is the essence of our self, the true self.

We use reason to know that the mean comment spoken is not a true statement; it is not a true reflection of who I am. We use reason to know that the mean words coming from the other person do not truly reflect the love they are made of. We use reason to know that when we feel love, we see and express love everywhere.

And for those who have love in their hearts and reason in their minds, they experience happiness and bliss.

And so remember this week:

There is Limitless love in you. Act with love. and Love will be everywhere.

Our true Self is love. Love unites every thing. When love is seen to pervade everything, harmony and peace reign.

Act with reason and love, experience happiness

Dr. Kelly