

Challenge: Good Company

A lion cub was misled into a sheep flock and was taken by the shepherds. He grew up with the sheep and acquired their manners, although his form was different. He would eat the grass and make sounds like a sheep. One day, when the sheep were grazing, a lion happened to come that way, and on seeing the sheep, he roared. The sheep ran away, but the cub stood, and having seen the similar form, walked up to the lion with affection. The lion took him under his influence and once again the sheep lion became a real lion.

There is said to be four aspects to the individual: Inheritance, Capital, Efforts and Company.

Inheritance is the sum of the traits, characteristics and desires we are born with.

Capital is the energy we have to use in this life.

Efforts are the efforts made to realise his realise ones limitless potential.

Company is what we surround our self with.

Inheritance and Capital relate to the past. Effort and Company relate to the present. Therefore, the company we keep can influence us in a very direct way.

Company is based on the three BS: Brain, Buddy, and Book:

- Brain – Trust the True Self, your true Self, not the small selfish self
- Buddy – Wise person
- Book – Books of Wisdom

The company of good men and good literature can change the direction of your life. The influences in the world are such as to make one feel weak, feeble and fearful and to cause one to feed on rubbish which makes one weak, feeble and fearful. Only good company can undo such influences, so that natural essence of truth, consciousness and bliss may prevail. Everyone is a lion and every being is Absolute, absolute love, happiness and kindness. So choose carefully your Company

Therefore, this week, why not try this out as an experiment

What is the effect of the company I keep?