



## **John Scottus Pre-School**

### **Snack Menu**

**Our daily snack menu will be reviewed regularly. It currently comprises.**

#### **Brown Soda Bread with butter**

**(Brown Soda Bread contains Wheat Flour, Wheat Bran, Wheatgerm, Oat Flakes.**

**May also contain nuts, sesame and soya)**

#### **Brown Soda Bread without butter**

**(Brown Soda Bread contains Wheat Flour, Wheat Bran, Wheatgerm, Oat Flakes.**

**May also contain nuts, sesame and soya)**

#### **Rice Cakes or Crackers**

**(Rice Cakes may contain Sesame, Milk, Soya)**

**(Crackers contain Wheat Flour)**

#### **Apples & Bananas**

#### **Water**